

NEWSLETTER

January 2012

A little inspiration

I thought it might be useful to start off this new year with a bit of a refresher. Often in everyday parenting some of the most basic Adlerian principals can get lost in our hectic routines. Here are a few principals that you'll be happy to pull out of your parenting toolbox:

Rewards and punishments are outdated:

A child soon considers a reward his right and demands a reward for everything. He/she considers that punishment gives him/her the right to punish others, and the retaliation of children is usually more effective than the punishment of adults.

Natural Consequences:

Utilizing the reality of the situation rather than personal power can exert the necessary pressure to stimulate proper motivation. Only in moments of real danger is it necessary to protect the child from the natural consequences of his/her behaviour.

Action instead of words:

In times of conflict children tend to become "parent-deaf" and act only when raised voices imply some impending action, and then respond only momentarily. Usually the child knows very well what is expected, so talking should be restricted to friendly conversation and not used as a disciplinary tool.

Withdrawal:

Removing yourself is a very effective counteraction. Withdrawal is not surrender and is most effective when the child demands undue attention or tries to involve you in a power struggle. He/she gets no satisfaction in being annoying if nobody pays attention. Remember however, that the less attention the child gets when he/she disturbs, the more he/she needs when cooperative.

Don't interfere in children's fights:

By allowing children to resolve their own conflicts they learn to get along better together. Many fights are provoked to get the adult involved and by separating the children or acting as judge we fall for their provocation thereby stimulating them to fight more.

Never do for a child what he/she can do for themselves:

A "dependant" child is a demanding child. Most adults underestimate the abilities of children. Children only become irresponsible when we fail to give them opportunities to take on responsibility.

Take time for training:

Teach children essential skills and habits. If you don't find the time for training, you will spend more time correcting.

Here's to cooperation in 2012!

Jodi Davies, Registration & Administration

Did you know?

We all have different ways that we learn and process information. In fact, there are 9 different forms of innate intelligences, and we all have at least one of them.

1. Rhythmic/Musical Intelligence
2. Logical/Mathematical Intelligence
3. Visual-Spatial Intelligence
4. Linguistic Intelligence
5. Bodily/Kinesthetic Intelligence
6. Interpersonal Intelligence
7. Intrapersonal Intelligence
8. Nature Intelligence
9. Existentialist Intelligence

At NTEYLC we identify each child's strengths, innate talents and learning abilities so underdeveloped areas naturally become exposed. We are then able to teach what a child does not know through the way that they learn best. This process ensures comprehension and retention of the learning material.

We celebrate all learning styles by individualizing group program plans to meet each child's learning needs. In addition to this we strive to teach our students, and their families, to recognize how they learn best so that they may take this knowledge with them after they enter the grade school system.

**Catherine Ciardulli, RECE,
Curriculum Coordinator**

Reminders

Castlefield Coffee in the Lounge

Toddler Parents - January 19 & 20, 2012, 8:30am – 9:30am

Preschool Parents – January 26 & 27, 2012, 8:30am – 9:30am

Enjoy a coffee on us while you meet with your child's teacher and other parents to discuss the school year, parenting questions or just to catch up!

Parent's Night Out

**February 10, 2012
5:30-8:30pm**

Parent's Night Out is held at both Castlefield and Bedford Park locations several times a year. Parent's Night Out is an opportunity to drop off your child where they can enjoy a pizza dinner, movie and a craft activity. The children are cared for by two teachers from the school in their familiar surrounding with friends. This gives you as parents a few hours of freedom!

A registration form will be sent home with your child. You can sign up for these nights in advance or on an as needed basis. The cost is \$25 per child, per evening with a reduced rate of \$20 for siblings.

Kinder Q™ Parent/Teacher Reviews

**Both Locations
February 13 – 17, 2012**

Look out for a sign-up sheet in the lobby.
Please contact your child's teacher if you have any questions.

Bedford 416-544-1039
Castlefield 416-484-9597

School Closure

Family Day
February 20, 2012

Announcements

Looking for an afternoon play date activity??

Why not send the kids to play at our Drop In?

Supervised afternoon Drop In is available for children 2.5 years and over, registered at the school, Monday to Friday 1:00 to 3:15pm at Castlefield, or 12:45pm to 2:45pm at Bedford. The cost for this program is \$10 per hour and \$5 for each half hour. Each sibling is half price.

There is no Drop in on P.D. Days and Holidays.

Community Board

We are so pleased to report that the money raised from our Topic Night with Alyson Schafer in October which we donated to ***Birra Children's Education Fund*** * has been put to some great use!

Lily and Ali sent us some amazing photos of the children enjoying breakfast, being measured for uniforms and of the thank-you sign they made for all of you!

Please like our **facebook** page to see the photos!



<http://www.facebook.com/find-friends/browser/?ref=ler#!/pages/>

[North-Toronto-Early-Years-Learning-Centre/133076586743694](#)

* BCEF is a charity created by our dear friend and colleague, Lily Marcos and her husband, Ali. BCEF's main objective is to establish an ongoing breakfast program for disadvantaged children at 2 schools in Ethiopia where most of the students are orphans. BCEF's long term goals include providing the children with uniforms, school supplies etc. We are proud to support BCEF's initiative in improving the lives of these children!

Need to contact us?

Parent's Only Line

Please call to speak to your child's teacher to voice compliments or concerns, report absences etc.

**Castlefield
416-484-9597
Bedford Park
416-544-1039**

Administration

Please call for all inquiries regarding fees, class placement, registration etc.

416 544-0133

To reach Connie Runions:
early.years@bellnet.ca

To reach Jodi Davies:
jodiatwork@gmail.com

To reach Catriona Smith:
early4444@bellnet.ca

To reach Jenn Carr:
jandradowork@gmail.com